

Young Adult Newsletter

HAPPY NEW YEAR!!

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Yesterday was the 1st Sunday of Advent and the start of our new liturgical year, so Happy New Year! In addition to all the regular Christmas shopping and making travel plans, what are you doing to spiritually prepare for Christmas? Maybe you can approach Advent similar to the way you go through Lent by making a special effort to take on a new spiritual practice. It can help you create balance during this busy time of year!



Check out [this link](#) to some great online Advent resources for prayer!

EVENTS THIS WEEK

I wanted to highlight a couple of big events happening this week that I think you might find interesting:

Thursday, December 3rd 7pm—All Saints in Dallas:

Mark Shea will speak on **101 Reasons Not to Be Catholic**. Dinner and beer will be sold by the Knights of Columbus.

[Click here for more info.](#)

Saturday, December 5th 7:30pm—University of Dallas Lynch Auditorium:

Dr. Richard Gaillardetz will speak on **Eucharist, Hunger and Environmental Destruction: Can a Religious Ritual Heal the World?** A reception will follow the presentation.

[Click here for more info](#) or [download the flyer](#).

Julie's Corner

I really can't believe Advent is already here! What has happened to 2009?? Lots of changes have occurred this year in my life and in young adult ministry in the Diocese of Dallas. During this Advent I will be thanking God for being present to me, not only by being born 2000 years ago, but by continually being present in all the people I am blessed to meet in this ministry.

Take a minute, look around. How is God present to you, not only at Christmas, but everyday in the people you encounter in your life?

OPPORTUNITIES AROUND THE DIOCESE...AND BEYOND

Keep an eye here for things happening around the diocese—events that are specific to young adults and events that I think young adults would find interesting. You can also see updates on the right side of our [home page](#) or [here](#).

Women & Spirit: Catholic Sisters in America: Women & Spirit is a traveling exhibition about a group of independent American women who helped shape the nation's social and cultural landscape. The exhibit is currently at the Women's Museum, and ends *December 13th*. [Click here for more details.](#)

Volunteer Opportunities: Catholic Charities has several volunteer opportunities during the holiday season. [Click here for schedule and contact info.](#)

Advent Parish Mission: Holy Family Church in Irving is hosting an Advent Mission December 6-9 at 7pm each day called *Waiting for One Who Has Already Come!* It will be presented by Dr. Richard Gaillardetz. [Click here for more details.](#)

For more info, check out our website at catholicyoungadultsofdallas.org

Questions or comments? E-mail me at jbillmeier@cathdal.org or call 214-379-3173.